



SAC-IQAC BULLETIN

ST ALOYSIUS COLLEGE (AUTONOMOUS), MANGALURU

VOL 7 ISSUE 3

iqac@staloyusius.edu.in

December, 2021

Felicitation Programme for the Rank Holders

A grand formal felicitation programme for the Rank-holders of St. Aloysius College (Autonomous), who graduated in the year 2019 -20 was held on Wednesday, December 15, 2021 in the L F Rasquinha Hall, LCRI Block of the College.

Seventy five students of UG and PG programmes who



secured ranks were felicitated by the Chief Guest, Mr Walter D'Souza, Leading Industrialist, Former Chairman, Federation of Indian Export Organization and eminent alumnus. Rev. Fr. Melwin Joseph Pinto SJ, Rector of St. Aloysius Institutions presided over the function. Principal, Rev. Dr. Praveen Martis SJ, Dr. Alwyn D'Sa, Registrar, Finance Officer, Rev. Fr. Vincent Pinto SJ, Directors of various blocks and the convenor of the programme, Ms. Renita D'Souza were present on the dais.

While addressing the gathering, the chief guest Mr Walter D'Souza congratulated the rank holders and advised the young generation to use their time productively in this institution and make the best out of it. He said that "a dream is not what we see in our sleep, instead, dreams should not allow us to sleep". He also briefed on



how he and his batch mates (1971 batch) helped their Alma Mater in collaborating and setting up the Research and Advanced Instrumentation Centre in the College.

He advised the students not to cross the Laxman Rekha of ethical values. He guided the young minds to make proper use of their time and to work on par with their set schedules, in order to get unparalleled achievement. He wished the achievers all the best for their future endeavors.

Rev. Fr. Melwin J Pinto SJ, in his presidential remarks, stated that although the education received from this institution has paved a pathway in their lives, the real education is gained when you face the challenges in life, head-on. What one has received from here in the form of knowledge and skills must be applied in their lives. He remarked that every individual is blessed with some intelligence and one should make proper use of it.

Principal, Rev. Dr. Praveen Martis S J, in his initial remarks stated that the students are the real ambassadors of the College and the rank holders are the masterpieces. He motivated the graduates to achieve their goals by choosing the road not taken.

Ms Avila Pinto, M.Sc. Big Data Analytics and Ms Pallavi Prabhu, B.Sc. replied to the felicitation and recollected



their fond memories of their college days.

Deans of various streams, staff of the College, the Student Council members and parents of the rank holders were present during the programme.

Dr. Alwyn D'Sa, Registrar read out the list of the rank holders during the felicitation ceremony. Dr. Loveena Lobo, Director of Maffei block welcomed the gathering. Dr. Richard Gonsalves, Director of LCRI block introduced the chief guest. Ms Alita Maria D'Sa compered the programme. Ms Renita DSouza, Convener of the programme proposed the vote of thanks.

Reported by Ms Chandrakala

Activities of Centre for Environmental Concern

Talk with Fr. Prasant Palackappillil, an Environmentalist:

The Centre for Environmental Concern, St. Aloysius College (Autonomous), Mangaluru had organised a talk with Fr. Prasant Palackappillil, an environmentalist, on December 9, 2021 in the College auditorium. Rev. Dr. Praveen Martis SJ, presided over the programme. Ms Jennifer Ida Mascarenhas, Dean of Extension Services, Mr Glavin T Rodrigues, Chief Co-ordinator of Centre for Environmental Concern and Ms. Bindiya Shetty, Co-ordinator of CEC were present on the dais

Rev. Dr. Praveen Martis SJ, Principal, shared his words of motivation and appreciated the remarkable efforts of the CEC for organising such a meaningful programme. Fr. Prasant spoke about his experience travelling across the country and observations he made during his journey. He also shared his views on various environmental issues and also on the ways to preserve the environment. He spoke on the 17 sustainable development goals, specifically stressed on one of the goals, being 'responsible consumption and production'.

Students had an interactive session after the talk with Fr. Prasant. There were various questions and creative ideas raised and shared by the students. Fr. Prasant wished luck and encouraged everyone to build a better, cleaner, and green peaceful environment. Fr. Prasant also had an interactive session with the Eco Warriors of the campus about his journey with and his concern for the environment.

The talk session was moderated by Ms Bindiya Shetty, the programme co-ordinator of Centre for Environmental Concern of the College. Ms Jennifer Ida Mascarenhas welcomed the gathering and introduced the chief guest. Mr Glavin T Rodrigues, Chief Co-ordinator of Centre for Environmental Concern rendered the vote of thanks.

Christmas Fair:

Centre for Environmental Concern organized a Christmas Fair on 20/12/2021. There were 3 stalls put by dif-



ferent organisations named Banadha Dhara, Sahodaya and Paper Seed. The products like bags, masks, pen pouches made out of cotton cloth material, Cloth carry bags, Christmas decorations made out of paper were



kept for display. The main intention of the fair was to promote locally made, eco-friendly and sustainable products. The fair was co-ordinated by Mr Glavin T Rodrigues, Chief Coordinator of CEC and Ms Bindiya Shetty, Programme Coordinator of CEC.

Christmas Decorations from waste (Competition):

The Centre for Environmental Concern conducted a competition on behalf of Christmas; 'Christmas Decoratives out of waste'.

The competition was specially held for the eco-warrior group. There were four participants. The winner of the competition was Ms. Misheal Pinto from II year PCMS. The competition was judged by Ms Jenifer Mascarehns, Dean of extension services. The Competition was coordinated by Mr Glavin T Rodrigues, Chief Coordinator of CEC and Ms Bindiya Shetty, Programme Coordinator of CEC.



Plastic segregation and packing.

The Centre for Environmental Concern, organized a month-long plastic wrapper collection drive in the cam-



pus. Students were instructed to collect and submit single-use plastics from their houses to the CEC, complying within rules regarding the type of plastic, quality of plastic etc. Approximately 300 Kilograms of plastics were collected. Before sending it for upcycling, plastics were segregated and then packed in the gunny bags. This activity was organized in association with the Centre for Social Concern on December 11, 2021. A total of 50 students participated in this activity. The activity was coordinated by Ms Bindiya Shetty, Programme Coordinator of CEC and Ms Philomena Fernandes, Programme Coordinator of CSC.

Clean up drive in and around the campus

Centre for Environmental Concern and Centre for Social Concern organized a cleanup drive in and around the campus on December 11, 2021. A total of sixty students participated in the activity. The purpose of the activity was to create awareness among the students to keep their surroundings clean and to dispose off their waste in the right bins. The activity was coordinated by Ms Bindiya Shetty, Programme Coordinator of CEC and Ms Philomena Fernandes, Programme Coordinator of CSC.

APL 2021-22

Aloysius Premier League 2021-22 – Season 4, was a two day event was held at the St. Aloysius Centenary Ground, Mangaluru. The College in association with the Physical Education Department organized the Fourth Edition of APL 2021 from 4 January -7 January, 2022. Just like the IPL, the APL has become a solid platform for the young aspiring cricketers of SAC, to soar high on the cricket field. A total of 173 Students participated in the event. The league tournament consisted of 10 Franchises namely, Royal Strickers, Kings XI, Jacks XI, Team OMR, Team Shakz, Team Jamrusmar, Lightning



Wolves, Sparks XI, Team DXB and Staff XI, who were welcomed with a prayer song led by the College choir. The dignitaries of the day were the Chief guest, the Principal, Rev. Fr. Praveen Martis SJ, the Registrar Dr. Alwyn D'sa, Director of Physical Education – Mr Donnet D Souza and the Assistant Director Mr Arun Dsouza, Student Representative of APL 2021 – Season 4, Mr Pra-neeth C Kunder and the Staff Convenor of APL 2021, Mr Arjun Prakash. All the Mentors of the teams were Present.

The Valedictory ceremony was held on January 7. The chief guests for the valedictory function were Rev. Fr. Xavier Gomes, Ex-Principal of St. Philomina College, Puttur, the Chairman of the 1971 Batch and the 'Most Eminent Aloysian' Awardee, Mr Walter, were Present for the Valedictory. The winners of the tournament were Team Shakz, the runners up were Royal Strickers. 'The Best Batsman' was awarded to Mr Shreyas AV, 'The Best Bowler' Award was awarded to Mr Tushar, 'The Man of the Match' (Final) was Awarded to Mr Sacheth Kumar and 'The Man of the series' award was given to Mr Aryan. The Chief guest honoured the winners. The vote of thanks was given by the Convenor of APL 2021, Mr Arjun Prakash. Ms Vinitha D Souza compered both the inaugural and the valedictory ceremony.

Reported by Mr Arjun Prakash

Math Quiz

The 'Math Forum' Association and the UG Department of Mathematics, jointly organized 'Math Quiz 2021' on December 22, 2021 on the occasion of National Mathematics Day. The quiz was successfully completed by 253 participants from various colleges.

Mental Health For Children: Adverse Childhood Experiences In India

The Department of Counselling, St. Aloysius College (Autonomous) in association with Lead India and the U.S. Embassy organized a webinar titled "Mental Health for Children: Adverse Childhood Experiences in India". The webinar was held on December 11, 2021 at 2 pm through zoom platform. Mr Abby was the resource person.

Ms Rajina R, Counsellor, welcomed the participants and

Ms Bindiya Shetty began the webinar with brief a introduction of the resource person; Mr Abby. Nearly 40 participants participated in the webinar. Mr Abby,

Human Infrastructure Developer, the resource person threw light on ACE (Adverse Childhood Experiences).

The resource person asked the participants how they would describe their childhood and some of the participants shared their experiences. An exercise was conducted wherein the participants had to take a deep dive into their childhood and recall a moment of happiness and a moment of hurt in their childhood. Abby also emphasised on the importance of protecting the children and respecting their views, their capacity to make a choice and ability to decide rather than seeing them as parent's property. Then he moved on to Trigger Warning Quiz where ten questions were asked and the participants had to answer yes or no, at the end of the quiz the participants were asked to reflect on their childhood experiences.

Abby explained about the effect of ACE's in life, like depression, suicidal thoughts, obesity, smoking, alcoholism and drug use. He mentioned about the rights of children and discussed about the status of child protection in India and highlighted that India ranks 112 in the Child Development Index. He also gave an insight on gentle parenting where a child can be corrected for misbehaviour with respect, rather than hitting them or degrading them.

The last thirty minutes was spent for question answer session where all the queries of the participants were clarified. Finally Ms.Rajina R, Counsellor expressed her gratitude towards the resource person for accepting the invitation and providing an enriching session. She further thanked the participants for their active participation.

Reported by Rajina R

Webinar Report "SCOPE OF ANIMATION IN FILM INDUSTRY"

The Department of B.Voc Animation & Multimedia, organised a webinar on "Scope of Animation in Film Industry" on December 15, 2021 at 11.00 AM to 12.30 PM in the A/V Room, Arrupe Block. The webinar was a virtual session conducted with the objective to provide important knowledge and experience to the students in the field of animation and film industry.

The resource person for the webinar was **Mr. Sudeep Shenoy**, one of the prominent people from the industry



who specializes in the field of Advertising, Marketing, PR (Public Relations) and Corporate communications. He has been a guest lecturer for over twelve reputed institutes across the state. Previously he worked with radio Sarang 107.8 and 92.7 Big FM, Daijiworld, Mangalorean and News Karnataka and also worked as a senior copywriter for Tata Consultancy services for 3 years and is currently the founder and Chief Creative Consultant for Doodle Media.

The programme started with the welcome address by Mr Chethan S Kotian, faculty of B.Voc Animation and Multimedia and introduced the resource person **Mr. Sudeep Shenoy**.

Mr. Sudeep Shenoy delivered a lecture on the topic "Scope of Animation in Film Industry". He touched upon many important topics such as relevance of animation in different fields like advertising, gaming; big screens like theatres, hoardings etc.; small screens such as TV, laptops, games etc., the financial value of film industry on a global scale, 2D animation, 3D animation, Metaverse, Virtual Reality, Live Action and animation movies in India and abroad, different types of animation roles or jobs available in the film industry and the earning potential in the animation field.

After that, a question and interaction session was held between the students and the resource person. We received good response from the students and they gave very good feedback.

The resource person thanked the organizers for arranging the live webinar. At the end of the webinar, Mr. Chethan S Kotian, faculty of B.Voc Animation and Multimedia delivered the vote of thanks and thanked the resource person, Management, Director, participants and other officials for their active support in making the programme successful.

Reported by Mr Chethan S Kotian

Webinar: Introduction to GST

The E-guest talk on "Introduction to GST" was conducted by the Department of Business Administration, St. Aloysius College (Autonomous), Mangaluru on December 18, 2021. The E-guest talk was moderated by Ms Samiksha Haldipur, a student of second year BBA. Ms Aditi Shetty, from second year BBA, welcomed the speaker using the Google Meet platform. Around 200 participants attended the guest talk which was live-streamed at Eric Mathias Hall, Maffei Block.

The speaker of the session CA Akshay Shetty introduced the basic concepts of GST to the participants. His viewpoints were supported with suitable real-life examples, which provided a solid basis for understanding the concepts of GST.

This webinar was arranged with the motive of sharing the knowledge and practical experience of the practicing Chartered Accountant, CA Akshay Shetty. The participants keenly listened to the informative talk since it also touched grounds of the everchanging indirect tax regime of our country. After the much interactive question and



answer session, Ms Samiksha Haldipur wrapped up the webinar with the Vote of Thanks.

Reported by Grace Mary Jose

Clean-up drive at Phalguni River

The Al Madhyam Association, as a part of the Sahaya Programme, organised a clean-up drive in and around the Phalguni River. The team was lead by Mr Jeet Milan, an well-known Environmentalist. A total of 30 Students participated in the drive with great enthusiasm.



Programme on maintaining life balance through chronic diseases.

The PG Department of Research and Studies in Social Work, at St. Aloysius college (Autonomous) Mangaluru, has a vibrant forum called the Human Wellness Forum. On December 1, 2021, on account of the universally recognised World Aids Day, the Inaugural ceremony of the Human Wellness Forum 2021-22 was conducted in College; Maffei Block, to imbibe knowledge among forum members on HIV/AIDS. The objective of the pro-



gramme was to educate the Social Work trainees on the occasion of HIV/AIDS day, and explain to them how to maintain a life balance through the chronic and deadly diseases. The speakers stressed on the need for empathy and awareness from the social workers, when dealing with such patients, due to the stigma associated with preventable diseases like HIV/AIDS. The forum aimed to teach trainees about various therapies and to help them to release stress on a day-to day work schedule. It aimed to provide the Social Work trainees a learning platform so as to develop their skills and knowledge and to practice this in their professional lives. The programme began with the lighting of the Diyas by the Core committee. The opening remarks and the address on HIV/AIDS was given by Dr. Loveena lobo and the significance of the forum activities, was explained to the gathering, by Dr. Roshan Monteiro. The speakers also addressed the therapies conducted in Social Work and the elaborate yet delicate process of Medical Psychiatric Social Work.



The co-ordinators for the Programme, were the staff. After understanding the need to voice out such delicate and taboo topics in society the programme was designed to ensure maximum benefit and knowledge would be delivered to the gathering. The Coordinator-Dr.Roshan Monteiro, Guest Speaker of the programme Dr.Loveena Lobo, the student Coordinators Ms Anishka, Mr Albin (2nd year MSW), Mr Albin (1st year MSW); led the day's

prayer and welcome speech. The Guest Speaker of the programme, Dr. Loveena Lobo, Director PG Social Sciences (Maffei block), addressed the trainees on the need for awareness on HIV/AIDS and the role of Social Workers in preventing and promoting it. Soon after the session, Social Work trainees conducted therapies for the members of the forum such as Grounding, Memory Enhancing etc. Dr. Roshan Monteiro, Coordinator of Human wellness forum spoke on the significance and the purpose of such forum activities. Ms Swati (Second year MSW) compered the programme and Mr Albin (First year MSW) proposed the vote of thanks.

Reported by Dr. Roshan Monteiro

Training in Muscle Relaxation Therapy

The PG Department of Research and Studies in Social Work, St. Aloysius college (Autonomous) Mangalore, and the nascent Human Wellness forum in College, organized a programme on Muscle Relaxation Therapy on December 15, 2021, Wednesday, 3 to 4.00 P.M. The students of Social Work, were exclusively given an extensive training on Muscle Relaxation Therapy and its relevance. Muscle Relaxation Therapy is a safe and effective approach to reduce stress, anxiety, negative emotions like anger, physical pain and discomfort, and high blood pressure.



Dr. Roshan Monteiro, Asst. Professor, PG Department of Research and Studies in Social Work was the resource person. The first part of the session began with introducing and giving instructions to learn Muscle relaxation Therapy.

The second part of the session dealt with a practical session which began with meditation, concentrating on breathing then contracting and relaxing each muscle of the entire body.

The third part of the session was to listen to feedback from the participants. The participants expressed their opinion that they were not only able to learn this therapy practically, but that it also helped them feel relaxed. All together it was an effective platform learning session.

Ms Rea (First Year MSW) meticulously compered the programme. Mr Albin (First Year MSW) welcomed the gathering. Mr Meval (First Year MSW), Joint Secretary of Students' Council rendered the vote of thanks.

Reported by Dr Roshan Monteiro

AIMIT holds International Conference - SACAIM 2021

The two International Conference on Advanced Information Technology, Engineering & Management (SACAIM) was inaugurated on December 2, 2021 at AIMIT Campus, St. Aloysius College (Autonomous), Mangaluru on a virtual mode. Dr. Jayaprakash Alva, Dean of Father Muller Medical College, Mangaluru inaugurated the Conference. Rev. Dr. Praveen Martis SJ, Principal of the College presided over the programme. Dr. S. Ruban, HOD of the PG Department of Software Technology, was the Convener of SACAIM 2021.

Dr. Jayaprakash Alva, in his address, stressed the need and importance of the Information Technology domain working together with the Health Care sector, which could benefit the society at large. He also emphasized that this conference should not end with discussions and deliberations but should be taken forward to design innovative and creative products that could help the common man.

Rev. Dr. Praveen Martis SJ, highlighted the various collaborative engagements and research initiatives taken by the College.

Rev. Fr. Melwin Joseph Pinto SJ, Director of AIMIT Campus of St. Aloysius College (Autonomous), Mangaluru, highlighted the role of research in the academic life and appreciated the participants of this conference for coming up with various research papers. The e-conference proceedings with an ISBN no 978-93-91077-79-2, consisting of all the paper abstracts that will be presented in the conference was released in the function. Hon'ble Vice Chancellor of Mangalore University, Prof. Dr. P. Subrahmanya Yadapadithaya, sent his greetings through a video message, where he appreciated the College for organizing this conference, and also pointed out the impact of technology in handling the pandemic situation.

The Tutorial sessions were conducted by the Association of Public Health Technologists, where Digital Health and various other initiatives were elaborated by Dr. Shazia Anjum, State WHO HQ Consultant, NTEP, Karnataka, Dr. Balu P S, Professor and Head, Department of Community Medicine, JJMMC, Davangere and Mr Surabhi Quraishi from ZMQ development. The entire session was coordinated by Dr. Sudhir Prabhu, Professor, Department of Community Medicine from Father Muller Medical College.

There were paper presentations in four different tracks and concept proposals were presented across eight tracks, i.e., Data Intensive Computing, Networks and Information Security, Artificial Intelligence, Data Science and Statistics, Big Data Analytics and Technology, Bioinformatics and Computational Biology, Management Science, Humanities and Digital Health.

More than 120 papers will be presented on these two days. The sessions will be moderated by a panel of experts and the best papers will be awarded with Certificates.

All the arrangements have been coordinated under the leadership of Rev. Fr. Melwyn Pinto SJ, Director of AIMIT campus of St. Aloysius College (Autonomous), Mangalore, Dr. Hemalatha (Dean, PG Dept. of IT), Dr. S. Ruban HOD of PG Dept. of Software Technology and Convener SACAIM 2021 and Mrs Vanitha Kulsekhar, Organizing Secretary SACAIM 2021.

Speaking about the conference arrangements, Dr. S. Ruban, the convener of this year SACAIM 2021 said, "This year's conference, we have included a new track called "Digital Health" in collaboration with the Association of Public Health Technologists, Bangalore". As the world is going through a season of pandemic, it is interesting to see how technology can help the Public Health and contribute to the health of the society.

Dr. Hemalatha welcomed the gathering. Dr. S. Ruban rendered the vote of thanks.

Workshop On Mushroom Cultivation

A workshop on Mushroom cultivation was jointly organized by Al-Ca-Na, Genotech and Microgen associa-



tions from the Departments of Biochemistry, Biotechnology and Microbiology, at St. Aloysius College (Autonomous), Mangaluru for the students of II B.Sc. Mr. Prasanna D'Souza, from Souza Farms Bajpe, who specializes in Milky and Oyster Mushroom Cultivation was the resource person.

Ian Castelino, student, II B.Sc. (CZM) gave the welcome address and introduced the resource person. Mr Prasanna demonstrated the cultivation process for Oyster and Milky mushrooms along with the requirements, preparations and the procedure. He also motivated the students to think on taking mushroom cultivation as a start-up. He also stressed on the difficulties individuals face while choosing this as an entrepreneurship. Professor Harsha Paul, Dean, Biological Sciences accompanied the resource person in translating from Kannada to English.

It was a very interactive session where students tried clearing many queries regarding mushroom cultivation.



The session ended with a vote of thanks from Ms Nidhi. II B.Sc. (CBtZ).

Reported by Dr. Vaishali Rai M

Christmas Celebrations at St. Aloysius College

St. Aloysius College staff celebrated Christmas in a unique way on December 23, 2021 in L F Rasquinha Hall of LCRI. Sr. Rose Celine-the Superior General of Bethany Congregation, Mangaluru, was the Chief Guest for the Celebration. Rev. Fr. Melwin Pinto SJ, Rector of St Aloysius Institutions, presided over the programme. Rev. Dr. Praveen Martis SJ, Principal, Dr. Mahalinga Bhat, HoD of the Kannada Department and



Mr Anup Denzil Veigas, Convenor of the Programme were on the dais.

Christmas celebration is all about loving, caring and sharing. The programme began with a prayer by Rev. Fr. Vincent Pinto SJ, the Finance Officer of the College. Rev. Dr. Praveen Martis SJ, in his welcome address said "Christmas is a celebration of the birth of Jesus Christ. The birth of Jesus indicates the good news to humankind that God loves people. Let this Christmas be a meaningful one. Let us live the life that Jesus Christ wanted us to live; loving and forgiving our enemies and building a society on the foundations of peace, joy and brotherhood. May the Christmas season bring all of us new freshness, new hope and new strength throughout the year 2022."

The Chief Guest, Sr. Rose Celine in her address, gave a meaningful message for Christmas. She said, "With the passing of time, facing the least expected effects of the pandemic in the unexpected and untimely death of our loved ones, personally or as a family infected by the deadly disease, having no adequate medical facilities, when lack of oxygen forced people to gasp for breath,



caught up in financial constraints, gripped by the fear psychosis, amidst the hopelessness of discovery and availability of vaccination, the onslaught of unpredictable variants, some began to ask the question 'Where is God?' 'Does God really exist?' 'Why is He Silent?'

It seemed darkness engulfed the earth and the soul; In this precarious alarming and helpless situation some lost faith in God, others had a quick recourse to God with deeper faith and God became their only refuge, source of strength, and only saviour"

Rector, Rev. Fr. Melwin Pinto SJ in his presidential remarks said "We should all remember that Christmas is a feast for all, irrespective of caste or creed. Christmas is a feast to promote peace, goodwill, love and harmony in the community. The contribution of the Christians in maintaining peace, love and brotherhood is really appreciative. We have all people in our campus living with unity, love and harmony. Let us all look forward to living in harmony, peace, love and caring for one another so that we can make Mangaluru a better place to live."

There were a variety of performances by the Teaching and Non-Teaching staff members. A Christmas dance by Ms Ashrita and Team; Christmas Skit by Dr. Zeena Flavia D'Souza and Team, Stunning Carol Singing by the non-teaching staff led by Jacintha Crasta & Team rocked the stage.

Ms Karuna Lobo & Mr Naveen Kelvin Dalmeida from the department of English meticulously compered the programme. An Interfaith Christmas Message was delivered by Dr. Mahalinga Bhat, HoD of the Kannada Department. Ms Karuna Lobo rendered the vote of thanks.

Reported by Ms Chandrakala

Homage to the bravehearts

The NCC Cadets of St. Aloysius College (Autonomous), Mangaluru paid homage to all bravehearts whom we have lost on December 8, 2021 in the helicopter crash at Tamilnadu. Jai Hind.



Beach cleaning at Bengre

NCC Army, Navy & Air Wing cadets of our College along with the ANO's participated in Puneet Sagar Abhiyan: Beach Cleaning at Bengre on 30 December, 2021 between 6 am and 10 am.



Staff of AIMIT come together to celebrate Christmas

The management and staff at AIMIT St. Aloysius College (Autonomous), came together on December 23 to celebrate the season of Christmas. This year the joy was doubled with two Christmas messages delivered by Dr. Vasanth from the department of MBA and Mrs Annapoorna Shetty from the department of IT.

Dr. Vasanth quoting from great souls who had served humanity in the past mentioned that selfless service is the sure route to true success and immortal fame.

Mrs Annapoorna in her message reminded all of the true



meaning of Christmas, namely, family, peace, love and togetherness.

The chief guest for the event Fr. Joseph Cyril D'Mello SJ, secretary and treasurer of MJES, in his message exhorted the gathering to remember the true message of the life of Christ which involves moving from not giving to giving, forgiving, loving and sharing.

Director, Rev. Fr. Melwin Pinto SJ in his Christmas message emphasised the humanity aspect of the life of Christ and urged all those gathered to kindle the spirit of divinity in each and every one of us through little acts of selflessness and humanity.

The audience was treated to a medley of dance, carols, songs and poems by the members of the teaching and non-teaching staff.

The coordinators of the Christmas programme were Ms Sucheta Vijaykumar, Ms Divya Pereira and Mr Ravi Kudtarkar.

Dr. Rajani Suresh, Mr Justine James and Dr. Swapna Rose compered the programme. Christmas gifts were distributed to all members of the AIMIT family.

AIMIT students celebrate Christmas

The students of AIMIT gathered together for a Christmas celebration and inter-religious prayer service held at AIMIT on December 22.



The programme began with a short prayer service followed by carols by Ms Gretta and team, students of AIMIT.

The guest for the day was Swami Jitakamananda, President (Adhyaksha), Ramakrishna Math, Mangalore.

He spoke about how students should be disciplined in their life. "You should be responsible to your self, you should be responsible towards your family and society," he said.



Director, Rev. Fr. Melwin Pinto SJ honoured Swami Jitakamananda.

He said that we all remember Santa Claus when we celebrate Christmas, but we must all value the ideals of Jesus and re-

member that the values of Jesus during Christmas, namely, values that promoted justice, equality, love and kindness. He wished all the students of AIMIT the season's greetings.

Ms Naazisha, a student of MBA, shared her thoughts, experience and understanding of the blessed season after which Mr Preetham and team performed carols.

The programme concluded with a vote of thanks by Mr Zayeem, a student of MBA Department.

Eco Club inaugurated at AIMIT

The inauguration of Eco Club was held at AIMIT on December 15, on the occasion of energy conservation day. The guest for the day was Jeeth Milan Roche, environ-



ment activist. In his address he said, "We all must plant as many trees as possible to save our earth. Human

beings have caused enough damage to the environment, and it is time we contribute our might to avert further destruction."

Director Rev. Fr. Melwyn Pinto SJ in his address called upon students to not limit the Eco Club to just inauguration, but to do something concrete every month.

Steevan Prajwal D'Silva, secretary of the Eco Club gave an introduction of the club and listed the upcoming environmental activities and projects. An official logo of the Eco Club was unveiled during the event.

Ashton, joint secretary of Eco Club proposed the vote of thanks.

Wellness Cycle and Distress Cycle

A webinar on the topic "Wellness Cycle and Distress Cycle" was organised by the Department of Counselling in association with Lead India and U. S. Embassy on December 18, 2021 at 2:00 pm through Zoom platform. The resource person for the webinar was Ms Khushboo Anup Agarwal.

Ms Rajina R, Counsellor welcomed the participants and Ms Bindiya Shetty began the webinar with a brief introduction of the resource person, Ms Khushboo Anup Agarwal. Nearly 40 participants participated in the webinar.

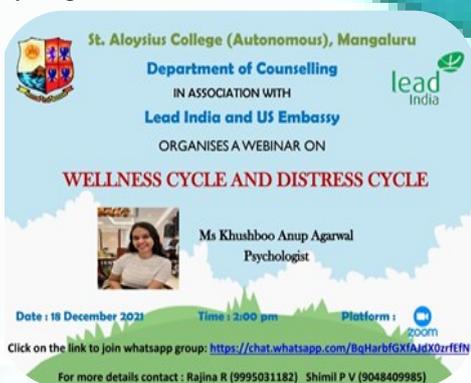
The resource person began the session by asking the participants their definition of stress and then explained about stress. A video on how people respond to stress was shown and some of the coping mechanisms like mindfulness, breathing, going for a walk, making a To-Do list or talking to someone were discussed.

She also explained about Covid-19 as a stressor and some of the negative coping mechanisms people resort to like using drugs/alcohol, sleeping too much, disconnecting from others, working too much and being violent to others. Ms Agarwal highlighted the importance of talking to a family member, friends or a counsellor about what one is experiencing, spending time with loved ones, and getting news from reliable sources.

Ms Agarwal threw light on distress cycle and explained the behavioural, physiological, emotional and cognitive changes that take place when one is stressed. Then she moved on to wellness cycle and also mentioned about adaptive promoting lifestyle responses in behavioural, physiological and emotional levels. She also highlighted the benefits of adapting a healthy lifestyle like increased productivity, enjoyment and intimacy.

At the end of the session, all the points discussed were summarised and the platform was open for a question and answer session. Mr Shimil P V delivered the vote of thanks and a google form was sent to the participants to collect the feedback.

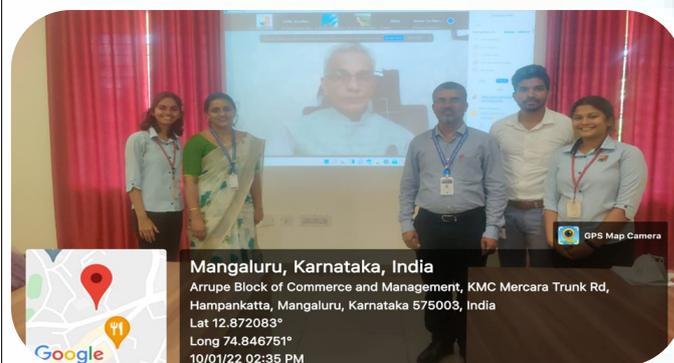
Reported by Rajina R



Webinar on Sustainable Consumer Protection

A National Webinar on "Sustainability Through Consumer Protection-A Business Mantra" was held on Monday, January 10, 2022 at 1:45 PM on Zoom platform, which was organized by the Department of Commerce of St. Aloysius College Autonomous, Mangalore. Dr. P.V.V.S. Murthy, founder of consumer advocacy group and guest faculty of Acharya Nagarjuna University was the resource person. Around 455 delegates from 12 states i.e Kerala, Andhra Pradesh, Tamil Nadu, Delhi, Goa, Madhya Pradesh, Uttar Pradesh, Mizoram, Bhubaneswar, Karnataka, Odissa and West Bengal took part in this webinar.

Mr Akshith was the Convener and Dr. Caroleena Janefer was the Co Convener of this webinar. Dr. Shobha, Head of the department welcomed and introduced the speaker. Dr. P.V.V.S. Murthy spoke about Consumer rights and how these rights promote sustainability. He also highlighted how sustainability and development



should go hand in hand.

In the end during the interacting session Dr P.V.V.S. Murthy responded to all the queries raised by the respondents. Mr Akshith Kumar, Convener of this webinar and faculty of Commerce Department proposed the vote of thanks.

Reported by Dr. Caroleena Janefer

Library webinar on PROQUEST - User Awareness Programme

The Department of Library, conducted a webinar on the topic **PROQUEST - User Awareness Programme** on December 10, 2021, at 12.00 p.m. to 1.00 p.m. Mr Srijith Sasidharan - Training & Consulting Partner- ProQuest APAC, was the resource person. The College has subscribed to the ProQuest-DELNET management collection database and it covers the journal articles, trade publications and consumer publications on accounting, finance and economics. The main goal of this webinar was to know how to access ProQuest remotely, how it supports users, and the best practices along with tips and tricks to use the e-resources. The faculty, students and the library staff participated in the Zoom Meet and the webinar was very informative and well-presented. The coordinator, Mr Udaya, Librarian, St. Aloysius College (Autonomous), Mangaluru welcomed and introduced the resource person.

Reported by Mr Udaya

ST ALOYSIUS COLLEGE (AUTONOMOUS)
6 KAR AIR SQN NCC
Mangaluru

The following Cadets of NCC Air Wing are selected to represent
Karnataka & Goa Directorate in
THE REPUBLIC DAY PARADE 2022 AT DELHI

Cdt/Sgt Lohith
(II B.Com)

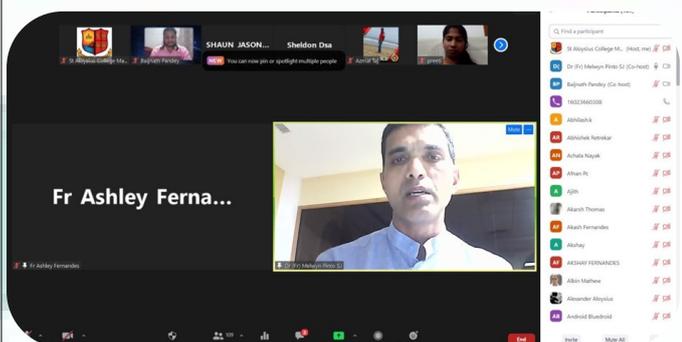
Cdt/Cpl Rishika T B
(I BCA)

Cdt Gauthami C S
(II B.Sc)

CONGRATULATIONS AND ALL THE BEST

Alumni meet of MBA department held virtually

The Alumni meet of the MBA department of AIMIT was conducted on December 11. It was held virtually. Fr. Naveen Pinto SVD (2019 batch), Principal, St. Arnold's School, Salajpur, West Bengal, led the prayer. The alumni meet was inaugurated by Fr. Ashley Fernandes SVD (2019 batch), administrator and programme manager of Ishopanthe Ashram, Puri, Odisha. Baijnath Pandey (2012 batch) welcomed all to the programme. Rev. Fr. Melwyn Pinto SJ gave the presidential address. Fr. Pinto narrated the various activities conducted by the college in the last few months. He expressed happi-



ness in spending time with the MBA alumni. The attendees of the meet paid tributes to Jagdish Pattanashetty (2011 batch) and Arun B Antony (2020 batch), the two departed souls of the alumni fraternity. Shivprasad Ramrao remembered Jagdish and said that Jagdish was a very loving person who maintained friendship with his batchmates in these 10 years. Nibin Thomas highlighted the pleasing personality of Arun B Antony who was very noble and lovable.

Mr Sudhir S (2008 batch), the vice president of MBA Alumni Association, expressed the need to strengthen the activities of the alumni association. Arun Ravindran, Praveen Prabhu, Deepak N, Abhishek Retreakar, Nidhin Raj, George Thomas, Neha EJ, Romel Moraes, Fr. Joy Rodrigues SJ, Akash Fernandes, Jain Jose, Elton D Souza, Priti Priya Rodrigues, William Philipose, Jeffin Mathew, Lester Monteiro, Anup Acharya, Carol D Souza, Jose K Mathew and Pristo Tom from various batches shared their grateful memories of MBA. The online meet became a venue for them to recollect the cheerful moments they spent at AIMIT.

Dr. Dhanajaya K, dean of MBA, expressed the need to establish a bond between the alumni and the college. Dr. Rajani Suresh (dean, research and publications) and Sumitha Achar, from MBA department expressed their joy in meeting the alumni. They also conveyed their feeling of accomplishment in seeing the alumni reaching greater heights in life. The faculty coordinator of the alumni association, Justine James pointed out the need for collaboration between the alumni and the institute. He invited them to college to interact with current students and to share their corporate experience.

Baijnath Pandey (2012 batch) compered the programme. He kept everyone connected and involved in the virtual meeting. Former chairman of MBA department Rev. Fr. Oswald Mascarenhas SJ attended the programme. The programme concluded with the college anthem.

Alumni Interaction Series held for students of AIMIT

What sets apart the AIMIT management students from others is the exposure they get while interacting with leaders working in the corporate world around the globe. One such creative venture is the 'Alumni Interaction Series'.

While the pandemic has made it difficult for international resource persons to visit our campus this year, a million thanks to technological advancement which bridged this gap.

'Effective enterprise management: My career journey through Indian and North American Roads' was a virtual guest lecture in the 'Alumni Inter-



action Series' conducted on December 2. The 60-minute session came like a cherry on the top for the II MBA students who are at the peak of their preparation to step into the corporate world.

The resource person, Jain Jose is a warehouse and supply chain coordinator at NTN Bearing Corporate of Canada. His resume is filled with a vast work experience in the corporate world globally. Adding to this is his academic qualification pursued from reputed institutions in India and abroad. But what makes Jain Jose special is that he is an alumnus of AIMIT.

Mr Jose, being a leader with experience working in India and abroad, in his lecture could practically compare and contrast the way 5Ms (Money, Manpower, Materials, Machinery, and Methods) are regarded in India and in the West. While doing so, he inspired the students to carry an open-minded attitude, empathetic approach, and out-of-the-box thinking. These are the traits that made Indians the CEOs of top global companies like Google, Microsoft, Twitter, and so on, he said.

The Q&A session that followed the lecture was rich in information. Introducing the guest and welcoming the gathering was done by Roshna Kutungal and the vote of thanks was proposed by Fristen Dias, both II MBA students.

Funds collected for Cancer treatment

There was a donation collected from the students and the lecturers of the College amounting to Rupees 2,75,000, which was donated to Caran Nathalia Sequera on December 19, 2021.



State Level Conference and Public Lecture - Materials for Renewable Energy Applications: Challenges in Condensed Matter Physics

The Department of Physics, St. Aloysius College (Autonomous) organized a State level conference on "Materials for Renewable Energy Applications: Challenges in Condensed Matter Physics" in association with Karnataka Science and Technology Academy (KSTA) and Association of Physics Teachers of Mangalore University (APTMU) on December 14, 2021. The Conference was inaugurated at 9.30 am by Prof. S.M. Shivaprasad, Director, Higher Education Academy, Dharwad, Government of Karnataka. He also delivered the key note address. Prof. Manjunatha Pattabi, Dean, Faculty of Science, Mangalore University, and Smt. Aruna Kumari, Associate Professor in Physics, University College Mangalore and President APTMU were the Guests of Honor. Rev. Dr. Praveen Martis SJ, Principal, St Aloysius College (Autonomous) presided over the function. The conference had invited lectures by Prof. Manjunatha Pattabi, Dean, Faculty of Science, Mangalore University, Prof. Narayana Prabhu, Professor, Department of Metal-



urgical and Materials Engineering, NITK, Surathkal, Dr. Akshay B Pattabi, Department of Electrical and Computer Engineering, University of California at Berkeley and Dr. Saikat Dutta, Asst. Professor, Department of Chemistry, NITK Surathkal.

Physics teachers of various colleges of Mangalore University, students from undergraduate and postgraduate departments and research scholars had attended the conference. On the eve of conference, seminar competitions were conducted separately for undergraduate and post graduate students and prizes were awarded during the conference.

Research scholars presented their research findings in the form of posters.

A total of 180 participants attended the conference physically, and the conference was live streamed in YouTube for the benefit of participants from other states and districts. The link of the tube live streamed video is available here. <https://youtu.be/2EfCVeDNWtg>.

Public Lecture: A public lecture was organized at 5.00 pm on December 14, 2021 at Eric Mathias Hall. The talk was supported by Mangalore Refinery and Petro Chemicals Ltd. (MRPL). The public lecture was delivered by Prof. S.M. Shivaprasad, Director Higher Education Academy, Dharwad, Government of Karnataka.

Dr. Rudolph Noronha, General Manager, MRPL was the guest of Honor. The topic of lecture was "The new Paradigms in Higher Education". Rev. Dr. Praveen Martis SJ Principal of St. Aloysius College presided over the function. A Large number of citizens of Mangaluru city, teachers and students participated in the Public lecture.

Reported by Dr. Chandra Shekhara Shetty T

Sustainable women's health solutions: awareness for female students

Women's health awareness on sustainable health solutions for all the female students and staff of AIMIT was conducted on December 1.



The guest speaker for the day was Dr. Ankeeta M J, Associate Professor in the department of Community Medicine; KS Hedge Medical Academy, Mangalore.

Dr. Ankeeta began her presentation with a quote, 'The body parts we think are less honourable we treat with greater respect. And the body parts that need to be covered in public we treat with propriety and clothe them.'

In her presentation she spoke about understanding the female body and about sustainable feminine hygiene solutions and products available for women. She created awareness among the students about menstrual hygiene and to use eco-friendly sustainable solutions for menstrual hygiene such as menstrual cup. "You should educate yourself genuinely on monthly periods of women on Menstrual Hygiene Day," she said.



The awareness programme was concluded with a question and answer session. Dr. Hemalatha N, Dean (Academics) handed over a memento to Dr. Ankeeta as a token of gratitude.

UGC-STRIDE seminar on "Socio-cultural Issues and their Impact on Health"

St Aloysius College (Autonomous), Mangaluru organized a seminar titled, "Socio-cultural Issues and their Impact on Health" under UGC-STRIDE programme. The eminent speaker, Dr. Javed Jamil, the Chair in Islamic Studies and Research at the Yenepoya (Deemed to be University) delivered the talk on Thursday, December 16, 2021 (10.00am) at Sanidhya. Dr. Jamil is a renowned professor, thinker, Islamic scholar, and author.



A doctor by profession and Islamic scholar by passion, he has been able to blend his knowledge with the understanding of the present world that many a times ignores the true values and practices that religion imparts. Dr. Jamil's recent books include, "Economics First or Health First?", "Justice Imprisoned", "A Systematic Study of the Holy Qur'an" among others.

Dr. Jamil argued that religion is challenged by economic fundamentalism where the dominance of market forces can be felt in world affairs today. The market economy, which is largely Western based, has targeted the ideals of religion, family system, and consumption of goods and services. In the meanwhile, it has not been able to give a permanent solution to issues like female feticide, suicides or diseases like HIV/AIDS. Dr. Jamil pointed out that religions like Islam, Hinduism, Christianity, and Buddhism preach religious morality in terms of promoting healthy family systems, healthy practices of consumption, respect for women, and in general promotion of scientifically proven health practices. Dr. Jamil, there-



fore concluded that not religious identity, but religious morality can unify the believers of major religions both within and outside India.

Dr. Alwyn D'Sa, the Registrar and the Director of UGC-STRIDE programme at the College, delivered the presidential remarks while highlighting the importance of holding talks on such socio-cultural issues.

The talk was moderated by Dr. Joyce Lobo, Asst. Prof in Dept. of Political Science and coordinated by Mr. Reiji John, Asst. Prof in Dept of Economics.

Report by Dr. Joyce Sabina Lobo

Webinar series on Industry Academic Interface.

The UG departments of Biotechnology, Biochemistry and Microbiology have jointly organized the Industry Academic Interface Webinar Series- II in collaboration with HiMedia Laboratories Pvt. Ltd, titled innovations in Real time Molecular Diagnosis on December 17, 2021. The speaker for the webinar was Ms Radha Hariharan and Dr Rajas Warke- Director of HiMedia. Ms Radha Hariharan works as a product specialist, Molecular Biology and Virology Division at HiMedia Laboratories. Ms Radha explained in detail the principle of PCR and its wide range of applications in the Pharmaceutical and other industries. She further went on to compare Real time RT PCR with the Conventional method and highlighted how the real time method was superior. She then spoke about the scope of molecular diagnosis.

Ms Radha appreciated the fact that the webinar was held inspite of the pandemic. Ms Radha highlighted the importance of the topic of the webinar. She said that the topic was apt as innovations in Real time Molecular Diagnosis is a tangible topic during the present times. She further spoke on how with the break out of Covid in 2019-20, we were caught unaware on how to tackle the situation. The only tools were Early Detection and RT-PCR- the gold standard. Ms. Hariharan also pointed out the gap between UG and PG studies in terms of hands-on experience.

She motivated the students to try their hands at many things and to take risks. She urged students not to search for fields with scope, rather to create scope and be the scope in that field. The speaker also answered a few questions from the students pertaining to a affordability of Molecular Diagnosis and the requisite skills in that department.

The session was moderated by Sreejesh P C, HOD Dept. of Biotechnology. Dr. Harsha Paul, Dean of Biosciences welcomed the gathering and Ms. Shreya introduced the speaker. Vote of thanks was delivered by Mr. Craig, student coordinator.

ST. ALOYSIUS COLLEGE (AUTONOMOUS, MANGALURU - 575 003)

DEPARTMENT OF BIOTECHNOLOGY, BIOCHEMISTRY AND MICROBIOLOGY JOINTLY ORGANISES
INDUSTRY ACADEMIC INTERFACE WEBINAR SERIES- II

IN ASSOCIATION WITH
HIMEDIA
FOR LIFE TO PRODUCE

ON
'INNOVATIONS IN REAL-TIME MOLECULAR DIAGNOSIS: CHALLENGES AND OPPORTUNITIES'

Scan QR Code to Register

17-12-2021 3 TO 4 PM PLATFORM: zoom

REV. FR PRAVEEN MARTIS SJ PRINCIPAL

MR. HARSHA PAUL, DEAN OF BIOSCIENCES, DEPT. OF MICROBIOLOGY
MS. SHREYA K.A, ORGANISING SECRETARY, HOD, DEPT. OF BIOCHEMISTRY
MR. SREEJESH P C, COORDINATOR, HOD, DEPT. OF BIOTECH

Speaker:
Ms. Radha Hariharan
Product Specialist,
Molecular Biology and Virology Division,
HiMedia Laboratories Pvt. Ltd.

Reported by Mr Sreejesh P.C

18 Kar Bn honoured and felicitated the Martyrs-Veterans & NoK of 1971 Indo-Pak War

The 18 Karnataka Battalion NCC, Mangalore Group, under the able guidance of Col Nitin Bhide organised the 'Wreath Laying Ceremony' at the Kadri War Memorial on 6th December 2021 to mark the Golden Jubilee year of the 1971 Indo-Pak War. During the programme, the martyrs-veterans and the Next of Kin were felicitated in honour of their exemplary service to nation as the nation celebrates the 50th Anniversary of the momentous Victory, 'Azadi ki Vijay Shrankhala aur Sanskritiyon ka Mahasangam' to inspire the next generation of our nation. On behalf of Col A K Sharma, Group Commander, Mangaluru Group NCC and All Ranks of the Group, Commanding Officer, 18 Kar Bn NCC, Col Nitin Bhide extended heartiest congratulations on the Golden Jubilee of the 1971 Indo – Pak War and said, "Today, we are gathered here to honour the martyrs, felicitate the Gal-



lantry Awardees and their Next of Kin and express our nation's collective gratitude to the Veterans of the War. This is an endeavour of the grateful nation in the ongoing Vijay Shrankhla being organised all over the country, leading to the Vijay Diwas on 16th December".

Brig. I N Rai, in his speech said, "This is indeed a memorable ceremony to honour our brave soldiers and fallen heroes and also to commemorate the 50th year 'Swarnam Vijay Diwas.'" He felicitated the following Gallantry Awardees and the next of their kins:

Smt Anandi Martis, wife of Cdr George Martis VrC, NM and Bar Operation Savage. Cdr George Martis, was already in receipt of NM for gallantry before the war, received a VrC during the 71 war and was conferred a NM for subsequent action. A road in close vicinity of the War Memorial was named after him.

Capt Vasanthi Rebello (Retd), wife of Cdr Vernon Francis Rebello NM was conferred with an award for his conspicuous bravery and devotion to duty in face of the enemy, in the highest traditions of the Armed Forces.

Ms Priyanka Soans, daughter of Lt Cdr Herbert Soans, NM, VSM. Lt Cdr Soans personally led his team in rescuing all hands on S S Mariviki in distress. During the 1971 War, Lt Cdr Herbert Soans NM brought to bear all his professional acumen, dedication and devotion to duty to the task at hand. For his service during the War, he was conferred the Vishisht Seva Medal.

98-year-old MWO Harekal Lakshmana was honoured for his gallant and meritorious duty during the war. Under the orders of the President of the Republic of India, the

mention of 43598 Warrant Officer Harekal Lakshmana's name in a dispatch by the Chief of Air Staff was published in the Gazette of India on 1st July 1972.

The cadets of NCC Army Wing, St Aloysius College, Mangaluru under leadership of ANO Shakinraj, in-charge of NCC Army Wing at St Aloysius College (Autonomous), Mangaluru and Cadets from various institutions attended this programme.

Several Ex Service Men, Armed Forces personnel, heads of various institutions, Associate NCC Officers witnessed this programme.

Matrix Association

Date: 20-12-2021: **Outreach Programme**

Five students were selected to conduct a one hour session to students of class 7, St. Aloysius Higher Primary School, in view of National Mathematics Day.



Date: 21-12-2021 **Christmas Programme**

Christmas was celebrated by the students of M.Sc Mathematics on December 21, 2021.



Date: 22-12-2021 **National Mathematics Day**

The National Mathematics Day was celebrated in memory of Srinivas Ramanujan with various math-related events.



Reported by Ms Apoorva Shetty

Report on Industrial Visit

The Department of Economics organised an industrial visit on December 4, 2021, Saturday. The eagerly excited 54 students pursuing B.Sc Economics from first, second, and third year respectively gathered together after a long haul due to the pandemic crisis. The group started our journey after Dr. Priya Shetty, HOD of the Economics Department spoke to the group and wished the group a happy learning from the trip. Enroute towards the group's first industry destination, all students formally introduced themselves. The first industry was the 'Deccan Plastics Industries' located at Baikampady Industrial Area, Mangalore. In order to maintain the Covid protocol, students were divided into two groups and were taken inside the factory premises. The factory helper briefed the group about the working of machines using



pre-programmed techniques, the sales and demand before and after Covid and several other questions asked by the students.

The second industry was namely 'Santhosh Cashews' Nitte. The owner Mr Santhosh's wife and brother first explained to the group about the production of cashew kernel oil. Later they took the group inside the factory and explained various steps involved in processing of cashews and how the process evolved from man-made to machinery work and the import and exports of cashews. To keep a fond memory of this visit, the group received some cashew nuts towards the end to snack on.

The faculty members Mr Alwyn Misquith and Mr Reji John guided and accompanied the group through-out the Industrial Visit.

Reported by Daphne Julia Menezes. III B.Sc

Puneeth Sagar Abhiyan with NCC- Naval Unit 5

NCC has always been at the forefront of the Swachh Bharat Abhiyan. NCC plans to carry out a nationwide campaign to clean the Sea Shores and Beaches from plastic and other non-biodegradable waste and increase awareness about the importance of keeping the sea shores free from such Waste. St Aloysius College Subunit NCC of 5 Karnataka Naval Unit NCC participated in Puneeth Sagar Abhiyan by cleaning the Sea Shores of Tannirbhavi Beach, Mangaluru on December 6, 2021 from 8 am to 11 am and also spread the message of the importance of Clean Sea Shores/Beaches' amongst the local community. 40 cadets of St Aloysius College NCC Subunit with their ANO Lt Hariprasada Shetty and PI Staff Ajay and Dev Rawat of 5 Karnataka Naval NCC Unit, Mangalore participated in this event.



40 cadets of St Aloysius College NCC Subunit with their ANO Lt Hariprasada Shetty and PI Staff Ajay and Dev Rawat of 5 Karnataka Naval NCC Unit, Mangalore participated in this event.

Distribution of gifts to Ria Foundation.

On December 22, 2021, the Student's Council distributed the gifts collected from the students to Riya Foundation.



Survey on Vaccination status

Gar Gar Dasthak* is the new programme of Central government to vaccinate Everyone took place in the month of November. National service Scheme (NSS) along with



NCC and YRC, St Aloysius College (Autonomous), Mangaluru had carried out this survey on November 19-21, 2021 19th, in ward no 35 & 36 of Mangalore City Corporation (Padavu East and Padavu Central). Students en-



quired about the vaccination status of the people and encouraged everyone to take vaccine if they were frightened or ignorant. 124 Students from the three associations took part in this survey. 1,241 houses were visited by the students during the campaign.

Beautiful Lengths' Hair Donation Drive

Centre for Social Concern (CSC) at St Aloysius College, Indian Catholic Youth Movement, central council, diocese of Mangalore, Caritas India, CODP Sparsha - Campaign Against Cancer, and Mercy Beauty Academy organised 'Beautiful Lengths' hair donation drive here at Eric Mathias hall St Aloysius College on Tuesday December 21. As many as 53 donors aged from 12 to 70 do-



nated their hair.

Addressing the gathering, Rev. Fr Melwin Pinto SJ, Rector, St Aloysius Institutions said, "We should actually honour the donors who have come forward to donate their hair for those who are suffering from cancer." Rev. Dr Praveen Martis SJ, Principal, St Aloysius College, said, "This is a good initiative. We always need to give something who are in need and this is the best way to help someone who is suffering."

Irene Pinto, a 60-year-old hair donor from Padavinangady said, "I have seen my sister in hospital suffering from cancer. She was worried about hair fall. Hence, I decided to donate hair. I grew my hair and do-



nated it."

Tapasvi from second year BA from St Aloysius College said, "This was in my mind from long ago. I started growing my hair for this day. I feel really happy to donate my hair for cancer patients."

Aishwarya from second year Masters in St Aloysius College said, "Being a biology student, I read about the cancer where they will have hair fall. So I decided to donate my hair to cancer patients."

Lenet Gonsalves, Programme Manager, CODP, Fr Ashwin Cardoza, Director, ICYM Mangalore Diocese, CODP Programme Coordinator Shilpa, President of ICYM Mangalore Diocese Jaison Crasta, Veena D'Souza from Mercy Beauty Academy and Oncologist Dr Karthik was also present.

Jennifer Mascarenhas, Dean, Extension Services, St Aloysius College welcomed the gathering, Coordinator of Centre for Social Concern Philomena Fernandes proposed the vote of thanks and Mazel Fernandes compered the event.

Reported by CSC

Aloysian Throwball League held at the College

Aloysian Throwball League, Season 2 was held on December 11, 2021 in the College grounds. Dr Dennis Fernandes, Director of Arrupe Block was the chief guest, Rev. Dr. Praveen Martis SJ, Principal was the president of the programme. Out of five teams, Golden Eagles were declared as the winners of Aloysian Throwball League.



Recognition in Appreciation : December 2021

<p>RECOGNITION IN APPRECIATION</p>  <p>ABDUL HARSHEEK M A STUDENT OF THE MONTH – DECEMBER 2021 For displaying excellence in Sports and Games and reaching higher levels of accomplishments in Football ...</p> <p>★★★★★ Kudos for upholding our Motto: "Lucet et Ardet - Shine to Enkindle." Your efforts have made us proud.</p> <p><i>Armate</i> PRINCIPAL</p>	<p>RECOGNITION IN APPRECIATION</p>  <p>ANUP DENZIL VEIGAS STAFF OF THE MONTH – DECEMBER 2021 For his passion and willingness to scale beyond the call of duty to promote the cause of the Institution ...</p> <p>★★★★★ Kudos for upholding our Motto: "Lucet et Ardet - Shine to Enkindle." Your efforts have made us proud.</p> <p><i>Armate</i> PRINCIPAL</p>
<p>RECOGNITION IN APPRECIATION</p>  <p>DEEPTHIKA J PUTHRAN STUDENT OF THE MONTH – DECEMBER 2021 For her distinctive accolades and superior performance in Sports resulting in enhancement in College Sports credentials ...</p> <p>★★★★★ Kudos for upholding our Motto: "Lucet et Ardet - Shine to Enkindle." Your efforts have made us proud.</p> <p><i>Armate</i> PRINCIPAL</p>	<p>RECOGNITION IN APPRECIATION</p>  <p>ULLHAS RASQUINHA ALOYSIAN ALUMNUS OF THE MONTH – DECEMBER 2021 For his consistent commitment and unconditional support to his alma mater imbining the core values of Jesuit Education in his enterprise ...</p> <p>★★★★★ Kudos for upholding our Motto: "Lucet et Ardet - Shine to Enkindle." Your efforts have made us proud.</p> <p><i>Armate</i> PRINCIPAL</p>

Christmas Chimes 2021

Christmas Chimes 2021 held on December 21, 2021 in Mother Teresa Peace Park



SAC organized 'Christmas Celebration - Feast of Hope'

An interfaith harmony programme 'Christmas Celebration – Feast of Hope' held on December 20, 2021 in Fr Robert Sequeira Hall, LCRI Block. Rev. Dr. Praveen Martis, SJ, Principal presided over the programme. Rev. Fr Rupesh Ashok Madtha, Director, YCS/YSM, & Editor, Raknno Weekly; Sri Madhusoodana Bhat S, Assistant Commissioner of Central Tax Audit, Mangaluru, and Mr Sheikh Moidin K M, General Manager of Expertise India Operations were the Chief Guests.



As part of the celebrations, the members of the Dramatics Association performed a skit depicting the values of interfaith harmony and the members of the Music Association sung Christmas carols.

Conroy & Rochelle compered the programme Mr Anup Denzil Veigas, the Convenor of the programme, wel-



comed the gathering. Mohammed Junaid Joshiddi, Principal's Nominee, Student Council 2022, rendered the vote of thanks.

Reported by Ms Chandrakala

Field action project at St Lawrence School

Field Action Project SWASTHYA (Adolescent Health Action Project) of PG Department of Social Work, St Aloysius College (Autonomous) Mangalore in collaboration with St Lawrence Unaided English Medium School, Bon-del, Mangalore organized "Personality Development and Learning Aptitude Behavior" for the 9th and



10th standard students on December 11, 2021 Saturday at 11am to 12.30pm. The programme was conducted by second year MSW (Medical Psychiatric Social Work Specialization) students who were trained in Life skills and Personality development. During each session the participants were taught on Emotive Freedom Techniques, Memory Enhancing, Grounding Therapy, Brain & Body tapping etc so that they could use it in their Personal life when bombarded with stressful situations and find difficulties to concentrate on academic activities. After each session participants were assigned with different tasks so that they could spend time with innovative and mindful work which helps them to reduce spending time with social media and their cell phones. The task oriented sessions were conducted on the following criteria. Students were divided into groups and as-

ST LAWRENCE UNAIDED ENGLISH MEDIUM SCHOOL, BONDEL

ADOLESCENT HEALTH ACTION PROJECT- SWASTHYA
 PG Department of Studies and Research in Social Work
ST ALOYSIUS COLLEGE (AUTONOMOUS) MANGALORE

Organizes
PERSONALITY DEVELOPMENT AND LEARNING ADAPTIVE BEHAVIOUR
 FOR THE 9TH AND 10TH STANDARD STUDENTS

Resource Persons : MEDICAL AND PSYCHIATRY SOCIAL WORK STUDENTS
(ALBIN, ANISHKA, ELIZABETH, HITHA, NEENUMOL, PRINCE, THEERTHA)

Programme Coordinators
 Dr.Roshan Monteiro
 Dr.Gerald D'Silva

Principal
 Rev.Fr Peter Gonsalves
(St Lawrence Unaided English Medium School)

Student Coordinators
 Alan
 Drishya
 Shivani
 Simon

Date: 11/12/2021
 Day: Saturday
 Time: 11:00 am to 12:30 pm

signed tasks such as 1)Plant a plant and take care of it 2)Science Innovative Projects (windmill, Solar system with lights etc) 3)Architecture of the school 4) Wealth out of waste such as garbage can, watch, L a m p s 5) D I Y b a l l o o n o r b s The participants were given a schedule to come up with innovative projects based on the given theme. The management and coordinators of the field action project planned (upcoming semester) to organize another programme to review the task given to participants.

Reported by Dr Roshan Monteiro

Auditions held for a Kannada Serial at the College

Auditions for heroine and co-heroines for a Kannada serial of Colours Kannada Channel held on December 17, 2021 in Eric Mathias Hall.



Faculty Recharging

DR. POOJA NAGPAL, Dept. of MBA

has participated in online workshop/ FDP

- Three days online FDP on “Intellectual Property Rights & IP Management for Start Up” conducted on 15-17 Dec 2021 by B.K Shroff College, Mumbai, Maharashtra
- Two days online workshop on “Write Research Articles using LaTeX” conducted on 27-28 Dec 2021 by Aditya College of Engineering, Surampalem, A.P

DR NAGENDRA S, Dept. of MBA

Webinars Attended:

- Attended the webinar entitled “Opportunities and Challenges in Hospitality, Industry Post Pandemic” on December 30, 2021 organized by IIMM & NUJ-Certificate ID: NUJ/W/20000070
- Attended online user awareness program on Springer Nature e-resources jointly organized by VTU Consortium & Springer Nature, on December 3, 2021

Staff Excellence

Publication: Vishal M. Pinto, M.S. Arya, Niharika, V.K. Nilakanthan, K. Kumara, T. Chandra Shekhara Shetty, Multiferoic bismuth ferrite nanomagnets as potential candidates for spintronics at room temperature, Materials Today: Proceedings Materials Today: Proceedings <https://doi.org/10.1016/j.matpr.2021.12.104>

CHANDRA SHEKHARA SHETTY T, PG Dept. of Physics

- Delivered a Radio talk broadcasted by Akashvani Mangaluru on the topic The contributions of Physical Scientists of India on the occasion of Azadi Ka Amritha Mahotsav on November 9, 2021.
- Delivered a webinar on the Topic - 'Spacecrafts of Magnificent India' jointly organised by Sri Mahaveera College Moodbidri and Regional Science centre Pilikula on December 22, 2021.
- Delivered a webinar on the Topic -"Research-Why/When/Where/ How: Scope and opportunities" jointly organised by St Aloysius College Mangaluru and Regional Science centre Pilikula on December 7, 2021.

MR GLAVIN THOMAS RODRIGUES, Department of Zoology

Resource Person: Webinar on Ichthyofaunal Diversity of the Western Ghats of India, organized by Alvas College, Moodbedri on December 30, 2021

DR SWETHA MANGALATH, Dept. of Journalism delivered a guest talk on the topic "Traditional Arts in the Age of Digital Media" at Srinivas University College of Engineering and Technology, Mukka, in the student Induction Programme on December 20, 2021.

DR. POOJA NAGPAL, Dept of MBA

has presented Paper in Two International Conferences.

- Pooja Nagpal., (December 7, 2021). Organizational Commitment as an Outcome of Employee Engagement: A Social Exchange Perceptive using a SEM Model. Multidisciplinary e-Conference on “Sustainable Development Goals in South Asia: Key Issues, Opportunities and Challenges” Jointly organized by the University of Kelaniya, Sri Lanka, in collaboration with D.B.F. Dayanand College of Arts and Science, Solapur, Santhosh Bhimroa Patil Arts College, Mandrup, Pangaia Geographical Association, India.
- Pooja Nagpal., (November 30, 2021). Online Business Issues & Strategies to overcome it – Indian Perceptive. International E-Conference on “Disruptions in Business and Economy: Challenges and Opportunities to a sustainable Future”. Conducting on line by St. Josephs College of Bangalore, St. Xavier’s College, Kolkata, UN Global Network Compact India, Loyola College Manavi, EIT and New Zealand.

DR SUDHA KUMARI K, Dept of Kannada

Edited a text book titled "NUDI KANNADA", a Functional Kannada Text Book for Mangalore University.



Faculty Excellence

DR HEMALATHA N, IT Department, was the resource person for the four day online hands-on workshop on Machine Learning from December 28-31, 2021 conducted by St Thomas College of Engineering and Technology, Kannur, Kerala in association with CSI STM & ACM(Kollam) Chapter. She took a session on Application of Machine Learning in Agriculture. There were around 100 participants.

MR GIRISH, PG Dept. of English

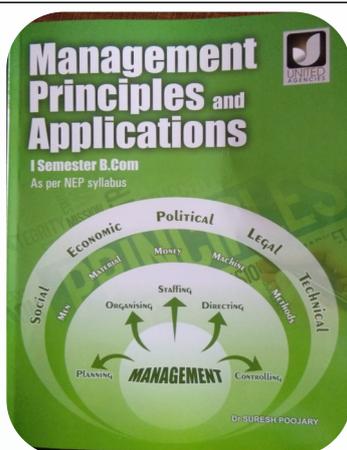
- An essay written by *Dr Girish N,* (Department of Postgraduate Studies and Research in English) on advertisement *ಎಳೆಹರೆಯ ಮತ್ತು ಜಾಹೀರಾತು* (Adolescence and Advertisement) has been published in the Kannada text book of Mangalore University.
- The essay is prescribed for the students of Semester III, BCom.
- This is the second time that this essay has been used in a Kannada text book of Mangalore University.

MR.MAHAMMAD THAUSEEF P and DR.SHAKIRA IRFANA, Dept. of PG studies and research in commerce

Have co-authored a paper titled "COVID-19 and its impact on educational environment in India" and published it in the Springer link journal.

DR SURESH POOJARY, Dept. of Commerce

Authored "Management Principles and Applications" a text book for I Semester B.Com of Mangalore University as per NEP Syllabus .



DR NAGENDRA S, Dept. of MBA

Paper Presentation in International Conferences:

- Presented a research paper titled, 'Social media Engagement Rate Analysis- A study on official page posts of Apple mobiles, Samsung mobiles and Mi mobile' at VIT-AP School of Business (VSB), VIT-AP University, Amaravati, Andhra Pradesh. The Department is organising an International Conference on "Business Transformation and Excellence in Global Scenario (ICBTEGS)" on December 17-18, 2021.
- Presented a paper titled, 'Impact of Foreign Direct Investment with Special Reference to Capital Market During COVID -19' at VIT-AP School of Business (VSB), VIT-AP University, Amaravati, Andhra Pradesh.

Interdepartmental Activities

- Moderator for Track -3: Artificial Intelligence and Network Intelligence at International Conference on Advanced IT, Engineering and Management, organized by School of Information Technology-AIMIT and Association of Public Health Technologists at AIMIT on December 2-3 , 2021 .

DR RICHARD GONSALVES, Dept. of Chemistry

Received the 'Best Innovative Faculty Award' at the 19th conference of AIACHE, held at Kanyakumari, on December 29, 2021.



Student Excellence

Gahan K B has secured the First Place in the Seminar Competition held during the State Level Conference on 'Materials for Renewable Energy Applications: Challenges in Condensed Matter Physics' on December 14, 2021. It was organized by the Department of Physics, St Aloysius College (Autonomous), Mangaluru in collaboration with the 'Association of Physics Teachers' of Mangalore University and Sponsored by Karnataka Science & Technology Academy (KSTA), Karnataka.



ST ALOYSIUS COLLEGE (AUTONOMOUS)
6 KARNATAKA AIR SQUADRON NCC, MANGALURU
FLIGHT 'A'

It was very unfortunate that we lost CDS, his wife, and other Officers and men in a chopper crash. To pay homage to these Bravehearts, cadets of NCC Airwing, St Aloysius College (Autonomous) light candles at their appropriate places between 6.30 pm to 7 pm on 10 December 2021.

Student Excellence

Basketball : The College Basketball Men's Team, were the winners of 'Mangalore University Intercollegiate Basketball Tournament' 2021-22, organized by Dr NSAM First Grade College, Nitte on December 6-7, 2021



Football : The College Men's Football Team, were the winners at the Mangalore University Intercollegiate Football Tournament (Mangalore Zone) held at P.A. College, Konaje on December 13-15, 2021 and secured the Runners up in Mangalore University Intercollegiate Football tournament (Inter Zone) held at Alva's College of Physical Education, Moodbidri on December 16, 2021.



Junior Equipped Powerlifting & Benchpress Championship: Deepthika j Puthran (II Bcom E - 203502) has won the following medals in the '2021—Junior Equipped Powerlifting & Benchpress Championship' held in Istanbul, Turkey. She won four Silver medals in 'Junior Equipped Powerlifting', four Silver medals in 'Junior Unequipped Powerlifting', one Silver medal in 'Junior Equipped Benchpress' and one Silver medal in the 'Junior Unequipped Benchpress' categories respectively.



Rangoli: Gayathri Acharya is a graduate from St Aloysius College (Autonomous), Mangaluru.



A student of biochemistry, Gayatri has a keen eye for detail which she puts into play as a research intern at the 'Laboratory of Applied Biology'. Her versatile hobbies range from a ten year stint as a Black belt in karate to being a mehendi and rangoli artist.

She has won International and National acclaim for her Karate skills, while also winning over twenty gold medals in the same. Her passion and skill for rangoli however developed only recently. She learnt the fine art of portrait rangoli during the Covid lockdowns and in time has been recognised as a skilled artist in the less ventured field.



During Christmas of 2021, Gayatri created a beautiful Rangoli depicting the innocent Baby Jesus in the company of a lamb.

Students' presentation: Amulya Rai, Sugnaya V. Reddy, Dhanya, and Chandra Shekhara Shetty T presented a paper titled 'A Review On Thin Films For Anti-Reflective Coatings Using Spray Pyrolysis', at the 'National Virtual Conference on Recent Advances in Nanoscience and Nanotechnology' (RANN – 2020) held on November 11-13, 2021 at VVCE, Mysore.

Poster Making Competition:



Rahul Ramesh from I BSc has won the II Place in the State Level Poster Making Competition sponsored by the Election Commission of Karnataka, India.

EDITOR-IN-CHIEF

Mr Sonal Steevan Lobo
IQAC Coordinator

Dr. Rachael N. Mary
Asst. IQAC Coordinator

EDITORIAL BOARD

Mr Naveen Kelvin Dalmeida
Asst. Professor, Dept. of English

Ms Lynn M. Pinto, Dept. of English

Ms Nia Feren, II BA

Mr Vijay Krishna, II BA

(For Private Circulation only)

Published by
Principal, St Aloysius College (Autonomous),
Mangaluru

For Correspondence
IQAC, St Aloysius College (Autonomous),
P.O. Box 720
St Aloysius College Road,
Mangaluru - 575 003